

**11<sup>th</sup> Annual**

**Dennis P. Angermaier Memorial Lifeguard Scholarship**

**Run-Swim-Run Relay**

Dennis Angermaier was a lifeguard for 37 years, with 20 of them as the Lt. at RM III. The three things Dennis loved were his family, the beach, and teaching. One of his dreams before passing away from a short battle with cancer in 2001 was to have his wife Jean, set up a scholarship fund for worthy lifeguards and their families. Jean has done this, and the RM III crew is once again happy to help her in keeping his dream alive.

It will be held at the place we refer to as "PARADISE", RM III. Through his love for this tiny beach, and the way he ran it, Dennis became the face of RM III. We the crew at RM III are glad to be the host of this event. Help us, in helping Jean to keep the dream alive.

EVENT - Run/Swim/Run relay. A handicapped event, where the combined ages of the relay determines their age category. The oldest age group starts first, followed by the next, and so on, and so forth down to the youngest. **IT'S BETTER TO BE OLDER!**

COURSE - 1/3 mile soft sand run, followed by 200 yard ocean swim, followed by 1/3 mile soft sand run

DATE - Fri. Aug 16<sup>th</sup>

PLACE - Robert Moses Field III

TIME - 6:30 PM

ENTRY FEE - \$30/team (make checks payable **Dennis P. Angermaier**)

PRIZES - As many as possible. **DONATIONS WELCOMED**

AGE CATEGORIES (combined ages of all three competitors) - 1) 150+, or 1 adult & two under children  
10 & u

- 2
- 2) 125-149 & under 45
- 3) 100-124
- 4) 75-99
- 5) 45-74

HANDICAP - Group 1 starts first

Group 2 starts 60 seconds after group 1

Group 3 starts 45 seconds after group 2

Group 4 starts 30 seconds after group 3

Group 5 starts 15 seconds after group 4

-----  
-----  
RUNNER - \_\_\_\_\_ AGE - \_\_\_\_  
SWIMMER - \_\_\_\_\_ AGE - \_\_\_\_  
RUNNER - \_\_\_\_\_ AGE - \_\_\_\_

TOTAL - \_\_\_\_